



A/Prof Nigel Hope



Physio
Matt McCutcheon



Dr John Jorgensen



The Female Knee at the CYC

PLUS — Top 5 sailing knee injuries
New physio protocol
The overweight knee – update



Latest Knee Protocol



Latest Research



Weight Loss For Knees

Runner's Knee? Patello Femoral Pain Syndrome? Menopausal knee? The infamous "netball knee" injury?

A growing groundswell of evidence suggests women really do have different knee issues, pain and biomechanics to men.

Join Associate Professor Nigel Hope, Physio Matt McCutcheon and Bariatric Surgeon Dr John Jorgensen for complimentary canapes, case studies and a compelling night of GP education.

WHEN: Thursday, November 2, 2017

WHERE: The Cruising Yacht Club, 1 New Beach Rd, Darling Pt

RSVP October 31 to Jane Worthington

Email: jane@nigelhope.com.au Mobile: 0403 824 833

Places strictly limited

PROGRAM

6.30-7pm Registration/Three Course Meal

7.00pm The Female Knee. Why ACL tears are 5x greater in women
Menopausal joint pain – what does it mean for your patients?
Menstrual cycle and knee Injuries – how hormones impact knees
Gender differences in knee injuries – biomechanics, jumping, landing

7.20pm Live Meniscal Knee Examination. The meniscus is the most injured knee structure. How to examine and diagnose for meniscus injury.

7.35pm Live ACL Knee Examination

7.45pm The Bariatric Knee: Lose Weight or Operate? Bariatric or knee surgery first - with Dr John Jorgensen, Bariatric Surgeon

8.10pm Physio Management of 5 Most Common Sailing Injuries. Knees on unstable surfaces, preconditioning for sailing with Sydney Swans
Physio Matt McCutcheon

8.40pm Ask the Experts GP Questions to Panel

9.00pm Close



This activity has been approved by the RACGP



QI&CPD
2017-18 Accredited Activity
Category 2

4 points